

# RESOURCE GUIDE TO HOMELESS PROVIDERS

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### Introduction

Homelessness has become a very sore reality for thousands of individuals across the valley, and we are aware that this issue comes with many questions and concerns. This resource guide was designed to help the Imperial County homeless stakeholders know what to and how to refer a homeless individual during this COVID-19 Pandemic.

Thankfully, with so many people already working together to provide immediate and long-term support, this resource guide reflects our community-wide effort to respond with compassion for everyone and at all levels.

### **Definitions**

**High Risk of Medical Complication Individual:** Individual with high risk of POOR OUTCOMES if they were to become COVID +. Specific populations include individuals who are 60 years of age or older and people of any age with preexisting lung disease, heart disease, cancer, diabetes, HIV, or other major medical conditions (if further health screening is possible).

**COVID +:** Individual that has tested positive for COVID-19. This will include people who are confirmed COVID + but do not require hospitalization (at this point) AND people who have completed hospital stays and no longer require hospitalization but who are still potentially infectious.

**Person Under Investigation (PUI):** Medical term for an individual with positive symptom screen or, if possible, a positive secondary screen (meaning a Registered Nurse (RN) or other medical professional, as referred to by outreach or shelter staff, has screened the individual and considers the individual at high risk of infection).

**Presumed COVID-19 negative (not COVID + or PUI):** These individuals are currently not showing symptoms but may still be or could become COVID +. All efforts should be taken to try to reduce risk (e.g. deep cleaning, hand washing, separate beds at least 3 feet apart and 6 feet where possible, head to foot bed arrangements, and screens between beds if possible).

**Quarantine Hotel/Motel/Trailer:** Single room occupancy facility for those who are a PUI. These sites could also be used for those who are confirmed COVID +.

**Hotel/Motel/Trailer for High Risk Persons:** Single room occupancy facility for those who are presumed COVID-19 negative but at high risk for complications were they to become COVID +. Ideally, these should be a separate facility from the quarantine hotels/motels/trailers.

### Critical Elements of Recommendations

- Focus intensive infection prevention efforts on those most likely to develop severe complications from COVID-19, including people who are currently in shelters and people who are currently unsheltered. Expand the category of those receiving intensive infection prevention efforts if resources permit. The primary strategy for intensive infection prevention efforts is providing single occupancy housing.
- 2. For the sheltered population experiencing homelessness, general risk reduction should be done through decreasing density of group shelters, which may require creating additional or auxiliary spaces to sustain bed numbers, increasing cleaning, and screening guests for symptoms.
- 3. Separate people with symptoms quickly and ensure they wear facemasks. Create isolation units (i.e. hotels, motels, trailers) for people under investigation (PUI).

- 4. Cohort COVID + individuals in group settings with appropriate healthcare personnel or place COVID + in individual isolation units (i.e. hotel, motel, trailer) for duration of quarantine.
- 5. Communities should prioritize individual housing units (e.g. hotels, motels, and trailers) for unsheltered and sheltered individuals experiencing homelessness who are either (1) people under investigation or (2) at high risk of medical complications, as defined below.
- 6. Consistent with CDC recommendations, unless individual housing units are available (i.e. hotel rooms) communities should not be clearing encampments and dispersing people throughout the community. If a community is unable to provide a hotel room or other single occupancy housing and client is asymptomatic, provide outreach services (screening, food, hygiene) and ensure that recommended social distancing is maintained where individual is located, or determine if there is an available shelter opportunity with appropriate social distancing, cleaning and screening procedures that the person would like to access.
- 7. Create clear lines of communication so that homeless service providers and health systems have easy access to appropriate quarantine resources to decrease the chance that potentially COVID + individuals spend extended time among the general population experiencing homelessness. Ensure that health care providers are screening for homelessness to avoid placing people who are experiencing homelessness and potentially COVID + (or known COVID +) with COVID-19 negative.
- 8. For every step of this process, para transit should be made available wherever transport is needed, Durable Medical Equipment should be made available where needed at each site, and ADA compliant hotel rooms must be kept for those who require these accommodations.

### Housing Recommendations

### For PUI:

- 1. Quarantine hotel/motel/trailer or other place where individuals can be isolated from others during investigation. (Quarantine Hotel)
- Alternative care settings: group facilities (i.e. shelters) separated from presumed COVID-19
  negative individuals and staffed by healthcare professionals where individuals who are PUI can
  receive healthcare and assessments to see if they require higher level of care (i.e. transfer to
  emergency department or inpatient).

### For COVID +

- 1. Alternative care settings: group facilities (i.e. shelters) separated from presumed COVID-19 negative individuals and staffed by healthcare professionals where individuals who are COVID + can receive healthcare and assessments to see if they require higher level of care (i.e. transfer to emergency department or inpatient).
- 2. Quarantine hotel/motel/trailers for those who could be safely isolated (e.g. those who are independent) and do not require extensive healthcare while contagious.

### For Presumed COVID-19 negative:

- 1. Hotels/motels/trailers for High Risk Persons [to prevent infection for individuals at high risk of medical complications],
- 2. Shelters with appropriate social distancing, or
- 3. Remain unsheltered with appropriate outreach and social distancing.

### **Triage Screening**

For shelter staff and outreach workers, below is the recommended triage screening steps to take with shelter residents and homeless outreach clients:

- 1. Ask the individual:
  - a. Do you have a cough?
  - b. Are you feeling feverish?
  - c. Do you have difficulty breathing (worse than usual)?
- 2. Take temperature—if higher than 100.4 degrees, client screens positive.

<u>In shelters, ask guests these questions daily. In unsheltered settings, screening should be</u> performed by outreach workers as feasible.

### How to Make Referrals to Housing

### Shelters

- 1. screen all guests for symptoms (see recommended triage questions below):
- 2. If a guest answers **YES** to triage questions,
  - a. Contact the Emergency Housing Hotline at (442) 265-0211. Depending on the prevalence of infection, localities may suggest different thresholds to trigger referral to the coordinating center.
  - b. If person needs to be placed at a site for PUI:
    - i. Place mask on them, and
    - ii. Transport to identified place for PUI. Ideally, should be a hotel to decrease risk of exposure to others.
- 3. If a guest screens negative and is a client at high risk for medical complications (as defined above):
  - a. Arrange for placement in a high-risk hotel/motel/shelter by contacting the Emergency Housing Hotline at (442) 265-0211. Localities should determine the strategy to make these referrals and whether individuals require medical screening prior to placement.
- 4. If a guest screens negative and is at low risk of medical complications, the guest can stay in shelter with appropriate social distancing, cleaning and screening.

### Homeless Outreach Providers

- 1. Screen all individuals that are outreached to for symptoms (see recommended triage questions):
- 2. If an individual answers yes to triage questions,
  - a. Contact the Emergency Housing Hotline at (442) 265-0211 for decision as to whether the person requires further medical evaluation and/or can be considered PUI. The coordination system/identified medical personnel will assist in determining whether the person is clear to stay where they are currently located or enter an appropriate shelter environment, requires immediate medical attention, or should be transported (with a mask) to a quarantine hotel/motel/trailer.
- 3. If an individual screens negative and is at high risk for medical complications:
  - a. Arrange for hotel placement for high-risk persons.
- 4. If an individual screens negative and is at low risk for medical complications, CDC recommends that the person not be forcibly "swept" from their current location, but it would still be appropriate to

provide people with options to remain where they are, if appropriate social distancing and hygiene needs can be addressed, or to enter an appropriate shelter opportunity where appropriate social distancing, cleaning and screening measures can be met, if available.

### Key recommendations from the CDC for encampments include:

Unless individual housing units are available, do not clear encampments during community spread of COVID-19. Clearing encampments can cause people to disperse throughout the community and break connections with service providers. This increases the potential for infectious disease spread.

Encourage people staying in encampments to set up their tents or sleeping quarters with at least 12 feet x 12 feet of space per individual.

### Pathways to Housing

If client is,	then
COVID-19 negative and no	option of staying where they are or of entering an appropriate
signs of illness,	shelter environment
COVID-19 negative and high	transport to a hotel/motel/trailer for population at high risk of
risk of medical complications,	medical complications
considered a PUI,	Give client a mask, separated from the general population, and
	transported to a quarantine hotel/motel/trailer, or alternative
	care center if necessary

### **HOMELESS RESOURCES**

### CHILDREN, ADULT & FAMILY SERVICES

### **Center for Family Solutions**

510 W. Main St. El Centro, CA 92243 **Phone:** (760) 353-6922

Office Hours: Monday - Friday 8am-5pm

24/7 Crisis Hotline Cost: No cost Services Provided:

• Shelter for women, children and men who are victims of domestic violence

Educational classes

Legal Services

• Violence Protection

Anger Management

Thrift Store

### **IV Independent Living Center**

101 Hacienda Dr Ste. 13 Calexico, CA 92231 **Phone:** (760) 768-2044

Office Hours: Monday – Friday

8:30am - 4:30pm

Contact: Judy Brown or Sonia Silva

Cost: No Cost

Services Provided: (For the mentally and

physically disabled)

Advocacy

Assistance with independent living

• Employment Program

Assistance for the blind

 Help with applying for Social Security benefits, Medicare, and Medi-Cal

# **Emergency Services and Seguir Creciendo Program**

1400 N. Imperial Ave

El Centro, Ca

**Phone:** (760) 652-1039

Office Hours: Monday-Thursday 8am-2:30 pm

(August-May) Closed June and July.

**Services Provided:** 

Emergency Food Pantry

• Emergency Food and Shelter Program

(EFSP)

Emergency Clothing Sister Closet

United States Department of Agriculture

Application and Translation Services

## **Extended Opportunity Program and**

**Services** 

380 E Aten Rd Building 100 Imperial, Ca

Phone: (760) 355-6407

Office Hours: Monday-Friday 8am-5pm

Services Provided:

Frequent individual counseling

Individualized tutoringPriority registration

Educational planning

Financial assistance

Personal assistance

### **VET Program, Student Veterans of America**

Telephone Service **Phone:** (866) 320-3826

Office hours: 24 hours a day, 7 days a week.

### **Vocational Services**

1214 W State St. El Centro, Ca

**Phone:** (760) 353-1350

Office Hours: Monday-Friday 8am-5pm

Cost: No Cost Services Provided:

Provides a multitude of employment

services

 Employment counseling involving interest and aptitude screening/testing, employability evaluation, case planning, and

follow-up as needed

Active job search assistance and

development

training or retraining services.

 Supportive services are also available including medical assistance, professional counseling, child care assistance, grooming facilities and supplies, clothing, tool assistance, and transportation in the form of bus tokens and passes to individuals determined in need.

# Women of Virtue Empowerment Network (WOVEN)

1561 South Fourth Street El Centro, Ca 92243 **Contact:** Betty Predmore **Phone:** (760) 353-1244

Office Hours: Monday-Thursday 10am-4pm

**Services Provided:** 

- Certified programs for treatment of anger management and domestic violence
  - For the abuserFor the victim
- Godly parenting classes
- 12 Step Recovery Program

# Calipatria-Niland Family Resource Center, Calipatria Unified School District

501 W. Main Street, Room 4

Calipatria, CA 92243

Office Hours: 8:00am-4:30pm, Open daily

except holidays

Phone: (760) 348-2116 Mobile: 760-550-2606 Services Provided:

- Variety of on-site or off-site referrals
- Adult Education, Parenting Classes, Family Engagement
- Health & Wellness and Community Resource Fairs
- ICBH services for children, youth, young adults and adults
- ICWED- Job listing, training & placement, resume building
- ICDSS- Apply for Cash Aid
- Housing Referral
- Clothing Closet
- Emergency Food Pantry
- Assistance with utility applications
  - Water
  - Electric
  - o Gas
  - Other applications

### **COUNSELING SERVICES**

### Peter Dimmano L.C.S.W.

1503 North Imperial Ave. Suite 205

El Centro, Ca 92243 **Phone:** (760)352-4773

Cost: \$ 110 per 50-minute session

Reduced fee services are available on a limited

basis.

#### Services Provided:

- Therapy for Depression and Anxiety
- Couples Counseling

- Family Counseling
- Parenting Support
- Grief Counseling
- Work and Career issues
- Stress Management
- Addiction & Recovery
- Conflict Resolution

### **Sun Valley Behavioral Medical Center**

2417 Marshall Rd Suite 1 Imperial, Ca 92251 **Phone:** (760) 355-0161

Phone: (760) 355-016<sup>o</sup> Services Provided:

- Psychiatric evaluation
- Brain scans
- Individual therapy
- Couple's and family therapy
- Psychometric testing
- Transcranial magnetic stimulation
- Prescription of medication
- Referral to hospital
- Outpatient detoxification
- Referral to clinical trials

### Valley Psychological Center

537 Main Street Brawley, Ca 92227 Phone: (760) 344-9000 Services Provided: Call

### **EMERGENCY FOOD ASSISTANCE**

### After the Father's Heart Street Ministry

506 Beal Road Niland, Ca

Phone: (760) 336-1232

Services: Emergency food assistance to

anyone in need

### **Campesinos Unidos**

1005 C Street Brawley, CA 92227 **Phone:** (760) 370-5100

Office Hours: Monday - Thursday 8am-5pm;

Friday 8am-4pm Contact: Receptionist

Cost: No Cost (must meet income

requirements)
Services Provided:

Emergency food for families in need

- Required Documentation
  - o Proof of income
  - Residence
  - Picture ID
  - SS Card

Community & Economic Development Dept. 2415 Imperial; Business Park Dr., Suite A Imperial 92251

760-265-1109 (FAX) 760-265-1118

Services provided for Elders and disabled adults:

- Emergency utility payments
- Food vouchers up to 3 months Services for low income families with eviction notices:
- hotel vouchers for up to 3 months services only available to people residing outside of El Centro

### **Neighborhood House**

506 E 4<sup>th</sup> St

Calexico, CA 92231 **Phone:** (760) 357-6875

Office Hours: Monday-Friday 8am-5pm

**Contact:** Receptionist

Cost: No Cost Services Provided:

- Emergency shelter for homeless women and children
- Prepared meals
- Case management
- Emergency Assistance Program (for low income families)
  - Emergency food
  - Utility Assistance
  - Rental Assistance

### I.V. Food Bank

329 Applestill Rd El Centro, CA 92243 **Phone:** (760) 370-0966

Office Hours: Monday-Friday 7am-3pm

Contact: Alba Sanchez Cost: Box of Basics \$25.00

Box of Basics Diabetic \$15.00 or meet income

requirements

### **Services Provided:**

Food boxes available once a month
 May purchase the box before the 2<sup>nd</sup>

Tuesday of the month

 No cost food is distributed at designated locations for low income families

### **Salvation Army**

375 N. 5<sup>th</sup> St

El Centro, CA 92243 **Phone:** (760) 352-4528

Office Hours: Monday-Thursday 8am-4pm

Contact: Carmen Avina Cost: Based on income Services Provided:

Provides meals year round for those in

need

Free lunch M-F @office

Emerg. Food box T & Th 9-12

# EMERGENCY SHELTER/RENTAL ASSISTANCE PROGRAMS/HOTEL VOUCHERS

### **Center for Family Solutions (Women Haven)**

510 W. Main St. El Centro, CA 92243 **Phone:** (760) 353-6922

Office Hours: Monday - Friday 8am-5pm

24/7 Crisis Hotline
Cost: No cost
Services Provided:

Shelter for women, children who are

victims of domestic violence

Educational classes

Legal Services

• Violence Protection

Anger Management

Thrift Store

### Community & Economic Development Dept.

2415 Imperial; Business Park Dr., Suite A

Imperial CA, 92251 **Phone: (**760) 265-1109 **Fax:** (760)265-1118

Services provided for Elders and disabled adults:

Emergency utility payments

• Food vouchers up to 3 months Services for low income families with eviction notices:

 hotel vouchers for up to 3 months services only available to people residing outside of El Centro

### **Guadalupe Men's Shelter**

545 Encinas Ave Calexico, CA 92231 Phone: (760) 357-0894 Office Hours: 2pm-9pm Contact: Receptionist

Cost: No Cost Services Provided:

Emergency housing & meals up to 3 months

Case managementGroup meetings

Assistance with medical services

 Assistance with employment leads, applications, & resources

# House of Hope Women's Shelter (Catholic Charities)

1948 W. Orange Ave El Centro, CA 92243 **Phone:** (760) 352-1182

Office Hours: Facility open 24/7

Manager on site: Monday-Friday 8am-5pm

Contact: Lupita Rodriguez

Cost: No Cost Services Provided:

• Shelter for women and children

Prepare meals

### **Neighborhood House**

506 4th St

Calexico, CA 92231 **Phone:** (760) 357-6875

Office Hours: Monday-Friday 8am-5pm

**Contact:** Receptionist

Cost: No Cost Services Provided:

• Emergency shelter for homeless women and children

Prepared meals

• Case management

Emergency Assistance Program (for low income families)

Emergency food

Utility Assistance

Rental Assistance

### **IVROP**

687 State St

El Centro, CA 92243 **Phone:** (760) 482-2600

Office Hours: Monday – Friday 8am-5pm

Contact: Receptionist or Walk-In

### Cost: No Cost Services Provided:

WIA Services

 Counseling, Education & Prevention
 Rental Assistance Program (HSP)criteria is client must receive CalWORKs Benefits and benefits need to be at least

80% of rent

Job Training

Income Tax assistance

Workshops

### **Salvation Army**

375 N. 5<sup>th</sup> St

El Centro, CA 92243 **Phone:** (760) 352-4528

Office Hours: Monday-Friday 8am-2pm

Contact: Carmen Avina

### **Calexico Housing Authority**

1006 E. 5th St

Calexico, CA 92231 **Phone:** (760) 357-3013

Office Hours: Monday –Friday 8am-5pm; closed from 12pm-1pm and every other Friday

### **Imperial Valley Housing Authority**

1402 D St

Brawley, CA 92243 **Phone:** (760) 351-7000

Office Hours: Monday –Thursday 8am-5:30pm; Fridays 8am-4:30pm, closed every

other Friday

Contact: Receptionist

Cost: Based on service provided

### **Services Provided:**

Section 8 Housing

Public Housing

Non Elderly Disabled Section 8

Senior/Disabled Housing

Housing for Farm workers

### Sister Evelyn Mourey Center

1400 N Imperial Ave Apt. #14

El Centro, CA 92243 **Phone:** (760) 352-1039

Office Hours: Monday – Thursday 8:30am-

2:30pm

**Contact:** Receptionist

Cost: No cost

Services Provided:

- Citizenship classes
- ESL classes
- Computer classes
- Senior citizen activities
- Emergency food services
- Emergency clothing services
- Resources and referrals

### **United Way**

2410 Imperial Business Park Drive

Imperial, CA 92251 Phone: (760) 355-4900

Office Hours: Monday-Friday 8am-2pm

Contact: Carmen Avina

Cost: No cost

**Services Provided:** 

- Food referral
- Clothing referral
- Furniture referral

### **DISASTER SERVICES**

### **Imperial County Cool Centers**

935 Broadway Ave. El Centro, Ca

**Phone:** (760) 482-4968 **Services Provided:** 

- Designated Cool Zones sites provide refreshing relief for older adults and others during hot summer months throughout the Imperial County.
- Public Library's
- Clinicas de Salud del Pueblo
- Community Centers
- Imperial Valley Mall

### **Imperial County**

**International Tracing and Messaging** Services

781 Broadway Ave El Centro. Ca

Phone: (760) 352-4541

Intake Hours of Operation: Monday-Thursday 8:00am-5:00pm Friday 8:00am-12:00pm

Services Provided:

 Provides international family tracing and messaging services for people in the community who have been separated from their relatives as a result of war, natural disaster, or changing conditions over which the individual has no control.

### FINANCIAL & CONSUMER SERVICES

### **Consulate General of Mexico**

408 Heber Ave Calexico, Ca

Phone: (760)357-3863

**Emergency After Hours Phone:** 

(760) 455 2140

Office Hours: Monday-Friday 8am-3pm &

Every other Saturday

Cost/Fees: Fixed fee schedule. Payments must

be made in cash. Services Provided:

- Provides legal advice
- provides information about traveling to Baja California
- **Documentation Department issues** Mexican passports
- Issues visas for tourists, students, and businessmen

### Sister Evelyn Mourey Center 1400 N Imperial Ave

#141

El Centro, Ca

Phone: (760) 352-1039

Office hours: Monday-Thursday 8:30am-

2:30pm

Cost/Fees: None Services Provided:

- Emergency Food Pantry
- **Emergency Food and Shelter Program** (EFSP)
- **Emergency Clothing Sister Closet**
- United States Department of Agriculture
- **Application and Translation Services**
- & Other services
- Closed June & July

### **Social Security Administration**

3007 N Imperial Ave

El Centro, Ca

Phone: (800) 772-1213

Office Hours: Mon., Tues., Thurs., & Friday

9am-4pm Wed. 9am-12pm

Cost/Fees: None Services Provided:

- Processes claims for retirement, disability, Medicare, black lung, SSI, Survivors benefits, handles all posteligibility information issues, and replaces Social Security cards.
- Toll-free number also provides information about location of local offices, appointment scheduling, filing for change of address, and burial benefits.

### **Spread the Love Charity**

465 W. Main Street El Centro, Ca 92243 **Phone:** (760) 460-4013

Intake Hours: Monday-Thursday 10:30am-

10:30pm

Walk-in Hours: Tuesday and Thursday

10:30am-3:00pm

Eligibility: Must be homeless

Cost/Fees: \$1.00 per/month for mail delivery

service

### **Services Provided:**

- Electricity bill payment assistanceWater bill payment assistance
- Case management
- State ID and Birth Certificates
- Meal Program
- Clothing closet and Hygiene products
- Food Pantry
- Wellness zone
- Assistance filling out applications
- Greyhound Bus tickets
- Motel Vouchers
- Referrals
- Errands
- Assessment for caregiver needs & hours

### **HOME HEALTH & OTHER CARE SERVICES**

California HIV/AIDS Service Referral Line

Phone: (800) 367-2437

Website: https://npin.cdc.gov/ca/

Office Hours: Monday-Friday 8am-5pm

**Services Provided:** 

Referrals to:

- HIV testing services
- HIV prevention services
- HIV care and treatment
- HIV support services

# Partnership for Prescription Assistance (PPA)

Website: www.pparx.org

Cost: No cost Services Provided:

> Refers uninsured and underinsured patients to assistance programs to obtain medications for free or nearly free

### LEGAL/CRIMINAL JUSTICE

**Attorney Search Network** 

Website: www.attorneysearchnetwork.com

Phone: (800) 215-1190 Services Provided:

Lawyer referral service

Assists in linking clients to local lawyers

of their need

### **CSBG** Department, Form

**Campesinos Unidos Completion Assistance** 1005 C St.

Brawley, Ca

Phone: (760)370-5100

Office Hours: Monday-Thursday 8:00am-

5:00pm Friday 8:00am-4:00pm

Cost/Fees: None Services Provided:

> Assistance completing benefit forms for CalFresh (Food Stamps), Medical, TANF (CalWORKS), Subsidized Housing, Income Tax, Unemployment, Child Support, Social Security, and SSI

### El Centro Police Department

1275 W Main St. El Centro, Ca

Phone: (760) 352-2111 (General Information)

(760) 337-4528 (Administration) 911 (Emergency After Hours Phone)

Office Hours: Monday-Friday 8:00am-5:00pm

**Services Provided:** 

Provides police service to the citizens of

El Centro

### **Jail Supportive Transitional Services**

2695 S 4th St. El Centro, Ca

**Phone:** (760)482-2124

Office Hours: Monday-Friday 8:00am-5:00pm

**Services Provided:** 

 To serve adults between the ages of 26-59 that are incarcerated in the adult criminal justice system transition back into the community

### **Rape Crisis Center**

210 Wake Ave.

Suite B

El Centro, Ca

**Phone:** (760) 352-7273 Rape Crisis Hotline **Office Hours:** 24 Hours a day, 7 days a week

Cost/Fees: None Services Provided:

> Crisis intervention, advocacy and emotional support to victims of sexual

assault

### **Sheriff's Station Ocotillo**

1157 N. Imperial Highway Ocotillo, CA 92259 (760) 358-7802 Non-emergency

### Sheriff's Station Palo Verde

112 Highway 78 Palo Verde, CA 92266 (760) 854-3469

### **Sheriff's Station Salton City**

251 S. Marina Dr. Salton City, CA 92274 (760) 394-4114 Non- emergency

# Sheriff's Station Winterhaven 513 2<sup>nd</sup> Ave.

Winterhaven, CA 92283 **Phone:** (760) 572-3657

### **Transition Age Youth Program (TAY)**

1295 W State St. Suite 106 El Centro, Ca

**Phone:** (760) 336-8532

Office Hours: Monday-Friday 8:00am-5:00pm

**Services Provided:** 

 meet the needs of seriously emotionally disturbed (ages 16-25) who are aging out of the mental health; criminal justice; and/or social services system.

### **NUTRITION**

### **Senior Nutrition Program**

385 S 1st St. El Centro, Ca

Phone: (760)353-2748

Office Hours: Monday-Friday 11:30am-

12:30pm

### **Services Provided:**

Senior programs are provided through contracts with the Imperial County Area Agency on Aging through funding received from the California Dept. of Aging. Must reserve lunch a day before calling Catholic Charities.

### Women, Infants and Children (WIC)

2600 Thomas Dr. El Centro. Ca

Phone: (877) 686-5468

Office Hours: Monday-Friday 7:00am-5:00pm

Cost/Fees: No cost Services Provided:

> Supplemental nutrition program for women, infants and children that provides nutritious foods, nutrition education, and referrals to health and other social services to participants free of charge

### CalFresh (Food Stamps/ SNAP)

2895 S. 4th Street

Suite 105

El Centro, CA 92243 **Phone:** (760) 337-6800

### **Spread the Love Charity**

463 W. Main Street El Centro, Ca 92243 **Phone:** (760) 460-4013

Intake Hours: Monday-Thursday 10:30am-

10:30pm

Walk-in Hours: Tuesday and Thursday

10:30am- 3:00pm

Eligibility: Must be homeless

Cost/Fees: \$1.00 per/month for mail delivery

service

### **Services Provided:**

Electricity bill payment assistanceWater bill payment assistance

Case management

- State ID and Birth Certificates
- Meal Program
- Clothing closet and Hygiene products
- Food Pantry
- Wellness zone
- Assistance filling out applications
- Greyhound Bus tickets
- Motel Vouchers
- Referrals

### PRIMARY CARE PROVIDERS

### **Calexico Wellness Center**

420 Heffernan Ave. Ste D Calexico, CA 92231

**Phone:** (760) 270-9126

Office Hours: Monday-Friday 8:30 am-4:30 pm Cost/Insurance: Most insurances accepted/ Free to qualified patients. Charges for clients without insurance is \$40 per consolation and \$25 per testing of COVID-19.

Services Provided:

- COVID-19 Testing
  - Intake via tele-medicine
  - All patients welcome
  - FDA approved equipment
  - CDC approved process

# Calexico Outpatient Center (ECRMC call center)

495 E. Birch St Calexico, CA 92231 **Phone:** (760) 357-0508

Office Hours: Monday -Friday 8am-12am

Contact: Receptionist

Cost/Insurance: Medicare, Medi-Cal

**Services Provided:** 

- Cardiology
- Gastroenterology
- General laboratory services
- General radiology services
- Gynecology
- Pediatrics
- Podiatry
- Primary Care
- Ophthalmology
- Surgery

### Clinicas De Salud del Pueblo- Brawley

900 Main St

Brawley, CA 92227

Phone: (760) 344-6471

Office Hours: Monday - Friday 7am-6pm

**Contact:** Receptionist

Cost: Medicare, Medi-Cal, or based on family

size & income

### Services Provided:

- Medical Services
- Dental Services
- Child Health & Disability
- OB-Gyn Program
- Pharmacy Services
- Social Services
- WIC
- Family Planning Program
- Health Services
- Laboratory
- Transportation

### Clinicas De Salud del Pueblo- Calexico

223 W. Cole Rd Calexico, CA 92231 **Phone:** (760) 357-2020

Office Hours: Monday – Friday 7am-6pm

**Contact:** Receptionist

Cost: Medicare, Medi-Cal, or based on family

size & income

### Services Provided:

- Medical Services
- Dental Services
- Child Health & Disability
- OB-Gyn Program
- Pharmacy Services
- Social Services
- WIC
- Family Planning Program
- Health Services
- Laboratory
- Transportation

### Clinicas De Salud del Pueblo- El Centro

651 Wake Ave El Centro, CA 92243 **Phone:** (760) 352-2257

Office Hours: Monday -Friday 7am-6pm

**Contact:** Receptionist

Cost: Medicare, Medi-Cal, or based on family

size & income

### Services Provided:

- Medical Services
- Dental Services
- Child Health & Disability
- OB-Gyn Program
- Pharmacy Services

- Social Services
- WIC
- Family Planning Program
- Health Services
- Laboratory
- Transportation

### Clinicas De Salud del Pueblo- Niland

8027 Hwy 111 Niland, CA 92257 **Phone:** (760) 359-0110

Office Hours: Tuesday-Thursday 8am-5pm

**Contact:** Receptionist

Cost: Medicare, Medi-Cal, or based on family

size & income

### **Services Provided:**

- Medical Services
- Dental Services
- Child Health & Disability
- OB-Gyn Program
- Pharmacy Services
- Social Services
- WIC
- Family Planning Program
- Health Services
- Laboratory
- Transportation

### **El Centro Outpatient Center**

385 W. Main St El Centro, CA 92243 **Phone:** (760) 482-9100

Office Hours: Monday -Friday 8am-8pm

**Contact:** Receptionist

Cost/Insurance: Medicare, Medi-Cal

**Services Provided:** 

Cardiology/Pediatric Cardiology

- Gastroenterology
- General laboratory services
- General radiology services
- Gynecology
- Pediatrics
- Podiatry
- Primary Care
- Ophthalmology
- General Surgery
- Ear, Nose & Throat (ENT-Pediatric)
- Infectious Disease
- Internal Medicine
- Neonatology
- Nephrology (Pediatric)
- Orthopedic
- Sleep Medicine

- Psychiatry
- Rheumatology

Ft. Yuma Health Center 401 E. Picacho Rd.

Winterhaven, CA 92283

(800) 862-4911

Medical services for Native Americans.

### Imperial Valley Family Care Medical Group

516 W. Aten Rd Suite 2 Imperial, CA 92251 **Phone:** (760) 355-7730

Office Hours: Monday- Thursday 8am-5pm;

Friday 8am-4pm Contact: Receptionist

Cost/Insurance: Medicare, Most Insurance

### Services Provided:

- Cardiology
- Family Medicine
- Gastroenterology
- Internal Medicine
- Nephrology
- General Surgery
- Geriatrics

### **Imperial Valley Wound Healing Center**

1310 S. Imperial Ave. El Centro, CA 92243 **Phone: (760) 482-5380** 

Office Hours: Monday-Friday 8-4:30

### Services Provided:

- Doctors
- Nurses
- Open wound care
- Hyperbaric oxygen therapy

#### **V.A. HEALTH SERVICES**

1115 S. 4<sup>TH</sup> St.

El Centro, Ca 92243 **Phone:** (760) 352-1506

Office Hours: Monday – Friday, 8:00-4:30

### **Services Provided:**

- Primary Care
- Simple lab tests
- Tele mental health
- My Health Vet Computer Access
- Photos for Veteran ID cards
- Clinical video tele health for diabetes
- Lipid renal GI
- Anti-coagulation
- Weight control

teleretinal

Telederm

### Walk in Clinic

1520 S. Imperial Ave El Centro, CA 92243 **Phone:** (760) 592-4586

Office Hours: Monday-Friday 9am-6pm,

Closed for lunch 1pm-2pm; Saturday 9am-3pm;

Sunday 10am-2pm **Contact:** Receptionist

Cost/Insurance: Medicare, Most Insurance

**Services Provided:** 

Cardiology

Family Medicine

Gastroenterology

Internal Medicine

Nephrology

General Surgery

Geriatrics

### **SUPPORT SERVICES**

### **Access to Independence**

101 Hacienda Dr. Ste. 13 Calexico, CA 92231 **Phone:** (760) 768-2044

Office Hours: Monday -Friday

8:30am - 4:30pm

Contact: Judy Brown or Sonia Silva

Cost: Free of charge

Services Provided: (For the mentally and

physically disabled)Advocacy

Assistance with independent living

Employment Program

### **American Red Cross**

781 Broadway St El Centro, CA 92243 **Phone:** (760) 352-4541

Office Hours: Monday - Friday 8am-5pm

**Contact:** Receptionist

Cost: Based on service needed

**Services Provided:** 

Food and shelter in emergencies

Teach lifesaving skills

• Responds to local emergencies

Volunteer program

Youth Services Program

• Nurse Assistance Trainings

Group Trainings

### **Campesinos Unidos**

1005 C Street Brawley, CA 92227 **Phone:** (760) 370-5700

Office Hours: Monday-Thursday 8am-5pm;

Friday 8am-4pm
Contact: Karina Loya
Cost: Based on eligibility
Services Provided:

Community Social Services

Housing Program

Energy Conservation

### **Catholic Charities**

250 W. Orange Ave El Centro, CA 92243 **Phone:** (760) 353-6822

Office Hours: Monday -Friday 8am-5pm

Contact: Reception
Cost/Insurance: No Cost
Services Provided:

Home Delivered Meals

Foster Grant Parent ProgramSenior Companion Program

Imperial County Behavioral Health Services

202 N. 8<sup>th</sup> St.

El Centro, CA 92243 **Phone:** (442) 265-1525

Office Hours: Monday – Friday 8am-5pm

**Contact:** Receptionist

Cost: Based on service needed

Services Provided:

Adult Counseling

Drug & Alcohol Treatment

Crisis Intervention

Psychological Counseling

Treatment & Housing of Mentally ill

Day Treatment (Outpatient)

Workshops

Senior Assistance

**Crisis Desk** 

Phone: (442) 265-1525

Office Hours: Monday-Friday 8am-5pm

Services provided:

Initial Assessment

Clinician Assessment

Discharge Planning

### Imperial County Family Resource Center

Brawley, Calexico, El Centro, Imperial, Niland,

San Pascual, Seeley Phone: (760) 312-6498

Office Hours: Varies depending on facility

Contact: Receptionist or Walk-In

Cost: No cost

### Services Provided:

- Adult Counseling
- Anger Management Classes
- Counseling, Education & Prevention
- Crisis Intervention
- Housing Referral
- Medical Assistance
- Psychological Counseling
- Advocacy

### **Imperial County Health Department**

935 Broadway St El Centro, CA 92243 **Phone:** (760) 482-4438

Office Hours: Monday - Friday 8am - 5pm

**Contact:** Receptionist

Cost: Based on service needed

### Services Provided:

- Tuberculosis Services
- HOPWA
- Vaccinations

### **Imperial County Social Services**

2995 S. 4<sup>th</sup> St Suite 105 El Centro, CA 92243 **Phone:** (760) 337-6800

Office Hours: Monday -Friday 7am-5:30pm

**Contact:** Receptionist

Cost: No cost Services Provided:

> Assistance with Food Stamps, CalWORKs, Medi-Cal, General Relief

### **IVROP**

687 State St

El Centro, CA 92243 **Phone:** (760) 482-2600

Office Hours: Monday - Friday 8am-5pm

Contact: Receptionist or Walk-In

Cost: No Cost
Services Provided:

- WIA Services
- Counseling, Education & Prevention
- Housing Referral
- Job Training
- Income Tax assistance
- Workshops

### **Salvation Army**

375 N. 5<sup>th</sup> St

El Centro, CA 92243 **Phone:** (760) 352-4528

Office Hours: Monday-Friday 8am-2pm

Contact: Carmen Avina

Cost: No cost

### **Services Provided:**

- Food referral
- Clothing referral
- Furniture referral
- Hotel Vouchers

### **Sister Evelyn Mourey Center**

1400 N Imperial Ave Apt. #14

El Centro, CA 92243 **Phone:** (760) 352-1039

Office Hours: Monday - Thursday 8:30am-

2:30pm

**Contact:** Receptionist

Cost: No cost Services Provided:

- Citizenship classes
- ESL classes
- Computer classes
- Senior citizen activities
- Emergency food services
- Emergency clothing services
- Resources and referrals

#### Veteran's Services

217 S 10<sup>th</sup> St

El Centro, CA 92243 **Phone:** (442)265-3200

Office Hours: Monday - Thursday 8am-4pm

**Contact:** Receptionist

Cost: No cost Services Provided:

- Medical Benefits
- Employment Training
- Employment Program
- Assistance, completion, and submission of various documents

Compensation for service related

- disabilitiesService member life insurance
- Educational benefits
- Vocational rehabilitation
- Home Loan certificate
- Military survivor benefits plan
- Burial benefits

### **SUBSTANCE ABUSE PROGRAMS**

### **Alcoholics Anonymous**

485 Broadway St El Centro, CA 92243 **Phone:** (760) 352-0807

Office Hours: Monday - Friday 9am -5pm;

24/7 Phone Availability Contact: Receptionist Cost: No cost

Services Provided:

• Local meetings

# El Redentor Redeemer Residential (Men's Recovery Home)

304 N. 9<sup>th</sup> St

Brawley, CA 92227 **Phone:** (760) 351-1044

Office Hours: Every Day 8am-5pm

Contact: Gabriel Aguirre

Cost: No cost

**Services Provided:** (Available for any man

wanting a change in life)

- Christian Faith Based Program
- Social Services
- Assistance with applying for food stamps & Medi-Cal
- Bible Study
- Employment Program

### Ft. Yuma alcohol and Drug Abuse Program

1888 San Pasqual School Rd Winterhaven, CA 92283 **Phone:** (760) 572-0232

Office Hours: Monday- Friday 8am-5pm,

Closed 12-1 for lunch Contact: Claudia Reyes

Cost: No cost to Native Americans w/ Tribal

I.D.

### **Services Provided:**

- Substance abuse treatment
- Drug addiction treatment
- Alcohol addiction treatment

### **Imperial Valley Methadone Clinic**

535 Cesar Chavez Blvd., Calexico, CA 92231 **Phone:** (760)357-6566

Cost/Insurance: Medi-cal, cash maintenance if

no medical insurance

### Services:

- Opioid addiction treatment
- 21 day detox program
- Long-term maintenance

# Imperial County Behavioral Health Services Adult Alcohol & Drug Recovery Program

2695 S. 4<sup>th</sup> St

El Centro, CA 92243 **Phone:** (760) 482-2149

Office Hours: Monday- Friday 8am-5pm

Contact: Jessica Mitchell

Cost/Insurance: Medi-Cal, some insurance, no

cost if qualifies
Services Provided:

- Group counseling
- Individual counseling
- Crisis counseling
- HIV/TB/STD/Hepatitis C Testing & Counseling
- Individualized assessment & treatment planning

### **Narcotics Anonymous (Regional Service)**

Phone: (619) 584-1010

Website: https://www.sandiegona.org

Cost: No cost Services Provided:

Provides N.A. meeting list by area

# New Creations Residential Center (Men's Home)

536 S. 6th St

El Centro, CA 92243

**Phone:** (760) 482-5900 or (760) 455- 4676 **Office Hours:** Monday – Friday 8am -5pm

Contact: Brian Melvin

Cost: No cost

### **Services Provided:**

- Daily curriculum
- Anger Management classes
- Counseling
- Parenting classes
- Employment program

# New Creations Residential Center (Women's Home)

428 S. 5th St

El Centro, CA 92243 **Phone:** (760) 482-0433

Office Hours: Monday - Friday 8am -5pm

Contact: Brian Melvin

Cost: No cost Services Provided:

Daily curriculum

Anger Management classes

Counseling

- Parenting classes
- Employment program

### **Smart Recovery Program**

2695 4<sup>th</sup> Street El Centro, CA 92243 **Phone:** (760) 222-2493

Office Hours: Monday-Friday 8am-5pm

Cost: No cost Services Provided:

 empower people to achieve independence from addiction problems with our science-based 4-Point Program

- help individuals gain independence from addictive behavior
- · teach how to:

enhance and maintain motivation, cope with urges; manage thoughts, feelings, and behaviors; live a balanced life

### **Sober Roads**

653 W. Main St Suite 102 El Centro CA, 92243 **Phone:** (760) 352-8888

Cost: \$1,627 cash or cash maintenance

Requirements: Must be DMV or court ordered

**Services Provided:** 

Multiple conviction DUI program

### **Turning Point Residential Center**

2149 Orchard Rd. Holtville, CA 92250 **Phone:** (760) 356-4307

Office Hours: Monday - Saturday 6am -4pm

**Contact:** Luis Barajas

Cost: No cost Services Provided:

Faith Based Program

- Opportunity to leave old life behind
- Assistance with drug/alcohol addiction
- Focused on prayer
- Bible Study
- Working skills
- Social skills

### **Victory Outreach Residential Center**

515 Main St

Brawley, CA 92227 **Phone:** (760) 351-1999

Office Hours: Monday – Friday 9am-3pm Contact: Sister Mary (women) & Brother Fernie

(men)

Cost: No Cost

**Services Provided:** (available for anyone recovering from any type of substance abuse)

1-year ProgramIn-House living

Bible Study

Employment program

Meals prepared